

MEMORANDUM FOR COMBAT CASUALTY CARE COURSE STUDENTS
SUBJECT: FY 2012 Course Information

1. The Combat Casualty Care Course (C4) is a tri-service medical readiness training course emphasizing interoperability and joint doctrine concepts presented by the Defense Medical Readiness Training Institute (DMRTI) at Fort Sam Houston and Camp Bullis, Texas. The course objective is to prepare medical officers with little or no tactical experience to provide Level I and II medical care for supported units under combat conditions. The course will develop individual skills necessary to successfully assess and manage casualties in an austere combat environment.
2. C4 encompasses eight days of intensive didactic and practical skills training. The Student will be placed in situations that challenge the ability to make quick, sound decisions under the pressure of simulated combat. Students will also participate in one of the following professional education courses: Advanced Trauma Life Support (ATLS), Pre Hospital Trauma Life Support (PHTLS), or Trauma Nurse Core Course (TNCC).
3. The training day at C4 consistently exceeds 14 hours and is physically and mentally demanding. Tactical training lessons are realistic and conducted under rigorous conditions in the Texas Hill Country. Weather ranges from very cold (15° -30° F) and rainy in the fall/winter months to hot (90°-102° F) and humid in the spring/summer months. Training rarely stops because of inclement conditions. Students must be physically and mentally prepared for an intense outdoor training experience prior to arrival.
4. Students will not be accepted for training with a temporary profile, duty limitation, or waiver that prevents participation in all phases of the training. Students must be able to run, jump, crawl, march, hang, kneel without limitation, and be able to lift and carry up to 50 pounds. If any of these limitations exist, the student may be removed from the course. Students with a permanent profile, duty limitation, or waiver will be screened on a case by case basis. There is no waiver for pregnancy at C4.
5. Students participating in the ATLS course should receive the professional course book 21-30 days prior to class start date. If course materials are not received 2 weeks prior to course start date students should contact the Academic Support Department at (210) 221-0107 or via email at DMRTIregistrar@amedd.army.mil.
6. Travel and transportation scheduling is the responsibility of the student's chain of command.
 - a. Students traveling via commercial airline must arrive at San Antonio International Airport no later than 1400 hours on Day 1 (Thursday). Upon arrival, and after claiming baggage, students will report to the USO in Terminal #2 where a member of the C4 staff will be stationed. Students will then depart on buses as directed by the C4 representative at 1200, 1330, and 1500 hours. Early arrivals will wait in the Military Reception Area located immediately inside the metal detector area in Terminal #2. Students arriving after the last bus departs will call the C4 staff duty officer at (210) 295-7602 for instructions.
 - b. Students traveling via privately owned vehicle (POV)/rental car must report to building 5117 Camp Bullis, TX no later than 1400 hours on Day 1 (Thursday). Parking for students will be in Row "B" behind building 5120. Upon arrival to the course students are no longer authorized to travel in POV or rental car. Failure to comply will result in dismissal from the course. Due to these restrictions and limited parking

use of POV/rental vehicle is highly discouraged. Students that require driving directions should contact the Academic Support Department at (210) 221-0107 or via email at DMRTIregistrar@amedd.army.mil.

c. Billeting is not available prior to Day 1 of the course schedule or beyond graduation. Students authorized by their chain of command to travel early and/or depart late are required to make individual billeting arrangements as needed. Students may contact the Army Central Reservation Center at DSN 897-2790 or commercial 1-800-GO-ARMY1 (1-800-462-7691) for booking and/or Statement of non Availability. Students may also contact the Fort Sam Houston Billeting Office number is (210) 357-2705 ext. 2000 for assistance.

d. Upon graduation, C4 will provide transportation to San Antonio International Airport for students departing via commercial airline. Buses will depart no earlier than 1230 hours on graduation date. Departure flights should not be scheduled prior to 1500 hours to allow time for transportation to airport, check in, and screening.

7. Upon arrival at Camp Bullis, all personnel will report to Building 5117 for C-4 Student In-Processing Brief. This brief will be conducted in conjunction with the arrival of airport buses. Students reporting via POV/rental car will fall in with briefing groups as they arrive.

8. C4 students will wear service specific field uniform (BDU/ACU/ABU/NWU) while at the C4 course. Students will ensure that personal appearance and uniform are in compliance with the applicable service regulation and policy at all times. Students will wear uniform with sleeves down at all times while at the C4 course. Service specific PT uniform attire is authorized after duty on Days 1-4. Soft cover field/utility hats and kevlar helmets are the only approved head gear.

a. Air Force personnel that require prescription eyewear may bring and use Air Force issued gas mask only if appropriate military prescription inserts are available and used.

b. Navy Officers have the option of wearing the utility uniform in accordance with either the Navy or Marine Corps standards while at the C4 course. Students without sewn on devices are advised to follow the Marine Corps standard. Current Marine Corps policy dictates that Navy Officers will wear their appropriate corps device on the left collar and their rank insignia on the right collar (bright devices) of the utility uniform. Additionally, Navy Officers will wear the subdued (black) rank centered on the utility cap. (The subdued [black] officer ranks are not available locally).

9. Billeting for the C4 course at Camp Bullis is in two austere living areas.

a. Cantonment Area: Each squad will be assigned to an open-bay co-ed "hutment" where students will reside until departure for the field site on Monday morning. There are separate, communal restrooms/showers for male and female (also open bay). The Dining Facility and public telephones are readily accessible in the cantonment area of Camp Bullis.

b. Field-Training Area: During the field-training phase (Monday-Wednesday), you will be billeted at a remote training site in medium, general-purpose tents with austere hygiene (no shower facilities).

c. Students will be required to pay for meals while at the C4 course. Students will also be required to purchase MREs for consumption during training at the standard government rate (JFTR U4167) which is approximately \$71.35; this includes dining facility meals and MREs. Payment will be accepted in cash only. MREs/Dining Facility purchases are mandatory and will be reimbursed upon filing of travel voucher.

10. Equipment/packing list is as follows:

a. Required

- Student Welcome Letter and Information Paper
- Military ID card (CAC Card), Orders
- ATLS, TNCC, PHTLS certification card, if applicable
- ATLS, TNCC, PHTLS manual, as applicable
- Identification ("Dog") tags
- Service-authorized field utility uniform—worn IAW service specific regulations/instructions
- Belt with black field buckle
- Combat boots (2 pair - well worn and broken in are **STRONGLY** recommended)
- Field/Utility cover (ACU/NWU/ABU hat)
- Service specific T-shirts
- Socks
- Undergarments
- PT uniform
- Personal toiletries/hygiene products/shower items (including towel, soap, razor, shower shoes, etc.)
- Baby Wipes
- Prescribed eye glasses (2 pair-with retention strap)
- Prescription eyeglass inserts for M40 protective mask, as applicable
- Pens, mechanical pencils, writing tablet/notepad
- Flashlight with red and blue lenses (you must provide your own replacement batteries and light bulbs, no spare parts or batteries are available.)
- Leather work gloves
- Protective eyewear (clear)

b. Recommended

- Prescription medication(s)
- Over the counter medication (Tylenol, Actifed, Mylanta, etc.)
- Sunglasses (must adhere to uniform regulations)
- Camelback (must be black or woodland camouflage, and the drinking tube must be black or hidden)
- Dry Gatorade® style re-hydration drink mix (Note mix re-hydration drinks in canteen cups-not the canteen itself. Cups are easy to clean and won't deteriorate.)
- Small book bag (must adhere to regulations)
- Small or compressible pillow
- Baby powder
- Parachute cord or bungee cord
- Sun block and "lip balm" with sunscreen
- Moleskin
- Ziploc® bags
- Insect repellent, DEET
- Insulated boots (SEP-APR)
- Closed-toe running/gym shoes (open-toe footwear is not authorized outside of the shower)
- Disposable camera
- Knee pads
- Gore-Tex® liner, BDU Sweater (winter months only Oct – Apr)
- Leather work gloves with wool inserts (winter months only Oct – Apr)

- Poly Pro, thermal (or equivalent) top and bottom (winter months only Oct – Apr)
- Heavy wool socks (winter months only Oct – Apr)

c. Discouraged

- Jewelry
- Electronic music players
- Expensive clothing
- Sports equipment
- Excessive cash
- Medical instruments
- Dress uniforms
- Expensive cameras
- Open-toed shoes
- Computers
- Expensive glasses

d. Prohibited

- Weapons (Knife blades over 4" or any other instrument that could be considered a weapon.)
- Stoves, heaters, heat tabs, etc.

e. Issued at C4

- Bag, Duffel
- Belt, Individual Equipment
- Canteen, Water
- Cover, Water Canteen
- Cup, Water Canteen
- Helmet, Ground Troop/Parachute
- Frame, Field Pack
- Field, Pack (Large, Alice)
- Liner, Wet Weather Poncho
- IBA's
- Mat, Sleeping
- Sleeping Bag
- Parka, Cold Weather
- Trousers, Cold Weather
- Protective, Gas Mask
- M-16 Simulator

f. Laundry facilities are available during the first four days of the course. No electricity is available after Sunday. All belonging should be properly marked for identification. Except when noted, these lists refer to the camouflaged field uniform.

g. Equipment issued at C4 will be returned prior to departure. Students will be charged for lost or damaged items. Rank will not be worn on Kevlar helmet. Any Kevlar/Liner with markings not able to be removed by the student will be purchased by the student.

11. Students must arrive with an approved set of orders validated through Army Training Requirements and Resources System (ATRRS) from your sponsoring command. All students should have confirmation

of attendance from the DMRTI Academic Support Department. Any student that has not been added to and validated by the Academic Support Department prior to reporting for training may be denied enrollment and returned to home station.

12. Upon arrival to C4, students are subject to the command and control of the course staff and the DMRTI chain of command. Students will not be available to their chains of command for routine communication until graduation. C4 staff will not relay messages to students other than emergency messages verified by the American Red Cross.

13. Due to the location of the training areas on Camp Bullis, cell phone service is limited and intermittent. Cell phones are not authorized during training. Cell phone usage is only authorized after all training is complete.

14. If an emergency situation arises while a student is attending the C4 course, American Red Cross and service required notification should be processed. Official communications with students will be through the C4 Charge of Quarters (CQ), located at Camp Bullis, at (210) 295-7602 or (210) 347-9605. Messages may take several hours to be delivered and will only be delivered for emergencies. For extreme emergencies where a response is required within minutes, the Camp Bullis Range Control office should be contacted at (210) 295-7510/7790 or DSN 421-7510.

15. It is recommended that all students bring \$50-\$70 (cash, traveler's checks, etc.) for incidentals and memorabilia in addition to the money required for meals. ATMs are available at Camp Bullis and Fort Sam Houston, but access is limited by the course schedule and frequent power failures.

16. Students that may have specific concerns (i.e., religious, cultural, personal, etc.) regarding any component of the C4 course should contact the Academic Support Department at (210) 221-0107 as soon as possible to ensure ample time for consideration of requests.

17. Point of contact for this memorandum is the Registrar at (210) 221-0107 or via email at DMRTIregistrar@amedd.army.mil.